A.I. & KIDS
The Top Concerns Parents Need to Know

DISPLACEMENT: WHEN AI REPLACES REAL RELATIONSHIPS

Apps such as Replika, Robots like Miko, and wearables like 'Friend' have swarmed the consumer market. Using generative AI specifically programmed for relationships, these products are gaining steam as social anxiety and isolation increase. The depth of these "relationships'" can range from casual friend, tutor, or mentor to romantic partner. This type of human displacement robs children of necessary social and communication skills and emotional intelligence.

DEPENDENCE: OUTSOURCING LEARNING TO AI

ChatGPT and similar generative AI can write papers, solve problems, give advice, generate ideas, and explain the meaning of life. All of this, however, is subject to bias, hallucinations, and faulty alignment. Students need to develop an educational foundation and commitment to lifelong learning before learning using AI this way. Just like students learn to add before using a calculator, they must know how to learn before turning to generative AI.

DISTORTION: BEAUTY, IDENTITY, & REALITY

AI is behind all of the fun and flawless filters that make everyone look perfect on social media. Image and avatar-generating apps allow kids to create images of their likenesses and deepfakes of others. This is gravely concerning as it is difficult to discern what is real and what is fake leading to unrealistic expectations in life.

DECEPTION: THE TRUTH IS LOST IN MISINFORMATION

AI can generate convincing fake news, images, and even entire conversations. It is becoming increasingly difficult for young people to discern truth from lies. children and teens lack the brain development (prefrontal cortex) and spiritual maturity needed to filter information through logic and Scripture. Misinformation can bring confusion, anxiety, and a distorted worldview.

DESIGN: ALGORITHMIC ADDICTION & MAXIMUM ENGAGEMENT

AI is the engine that drives TikTok, YouTube Shorts, Instagram Reels, and nearly every platform your child engages with. These tools are not neutral—they are designed to capture and keep your child's attention. The more they watch, the more the algorithm learns and adapts, creating a personalized and perpetual form of distraction. They lose time, focus, and, often, themselves.

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